

# LYNBROOK HIGH SCHOOL SENIOR COLLEGE NIGHT

SEPTEMBER 7, 2023





## **LHS Counseling Center Staff**

Laurie Mitchell, Director of Guidance

Christina Angelillo

Chris Caramore

Melissa Marr

Sue Moller

Andrew Rosenberg

Jonathan Spector

# Mr. Andrew Rosenberg



# IMPORTANT FACTORS TO CONSIDER:

- Reach, Target, Likely
- Admissions Deadlines (EA, ED, Rolling, Regular)
- Types of Applications (Common, SUNY, CUNY, School Specific)
- Admissions Decisions (WL, Deferred, Denied, Accept)



# SENIOR YEAR GRADES & TESTING

## Senior Year Still Counts!

- Mid-year report card grades go out in February- grades have more weight with test-optional policies

## SAT & ACT Testing

- Dates of upcoming SAT Administrations
  - October 7, 2023    -(9/7 Registration deadline)
  - November 4, 2023    -(10/5 Registration deadline)
  - December 2, 2023    -(11/2 Registration Deadline)
- Dates of upcoming ACT Administrations
  - October 28, 2023    -(9/22 Registration Deadline)
  - December 9, 2023    -(11/3 Registration Deadline)

# COLLEGE FAIRS FALL 2023

## **Nassau Counselors' Association (NCA) College Fair – IN PERSON**

- Thursday, October 3 5:00-8:00 PM
  - Adelphi University – Center for Recreation and Sports Gymnasium
  - Over 150 schools will be in attendance
  - <http://gotocollegefairs.swoogo.com/registration>

## **NACAC Virtual National College Fairs**

To register for only one or all the dates, simply visit:

<https://virtualcollegefairs.org/> and select the fair(s) that you would like to attend.

- Sunday, October 9 1:00-6:00 PM
- Sunday, November 6 1:00-6:00 PM

# STUDENT RESPONSIBILITIES

- Obtaining & completing applications. Pay attention to application due dates!
- Hand in Purple Processing Form- **2 weeks prior** to 1<sup>st</sup> application deadline
- Match your Common Application account with Naviance
- In Naviance, add Request for Letter for teachers (see Letters of Rec slide). Naviance will notify teachers via email of your request
- Send SAT/ACT Test scores (if applicable) via the testing websites
- Essay, Résumé, Letters of Recommendation, Student “Self-Recommendation” shared with your School Counselor
- Contacting schools about interviews or auditions
- Scholarship Search
- Communicate any information you receive from the colleges with your School Counselor

# PARENT RESPONSIBILITIES

- Let your child make the calls and emails to colleges
- Filling out your part of the FAFSA form. Portal is expected to open in December of 2023
- Helping with scholarship search
- Parent “recommendation” for your Counselor
- Supporting your child in this process!





# THE NEW COUNSELING CENTER PAGE...

Check this  
space often  
for  
important  
information

## Counseling Center

### Important Links

- **Counseling Plan K-12**
- **Guidance Brochure**
- Support Staff Mental Health Communication Guide  
( English ) ( Spanish )
- **Lynbrook High School Profile**
- **Adaptive Phys. Ed.**
- **Community Service**
- **High School Withdrawal Form**
- **Working Papers**
- **High School Bell Schedule**

### Correspondence

- **Military Opt Out Form**

### Curriculum Guide & Student Handbook

- **2023-2024 LHS Student Handbook & Curriculum Guide**
- **Course Selection Chart**
- **Departmental Course Flow Charts**
- **Diploma & Graduation Requirements**
- **Senior Seminar**

### College & Career Resources

- **2023-2024 LHS Post-High School Planning Guide**
- **College & Career Resource Guide**
- **College Admissions Process Podcasts**
- **Vocational Schools List**
- Dual Enrollment College Credit Programs
  - **Molloy University College Credit Registration**
  - **Nassau Concurrent College Credit Program**
  - **SUNY Albany College Credit Registration**
  - **SUNY Farmingdale College Credit Registration**
  - **LIU CW Post College Credit Registration**
  - **Syracuse University – SUPA Forensics**
- Naviance
  - **Create Parent Account**
  - **Create a Student Resume**
  - **Common App & FERPA Statement**
  - **Request Letter of Recommendation**
- NCAA – Student Athletes
  - **NCAA Guide for College-Bound Athletes**
- Grade 12
  - **Senior Parent Meeting**

## LYNBROOK HIGH SCHOOL COUNSELING AND SUPPORT CENTER

### Laurie Mitchell, Director of Guidance

**Dept. Phone: 516-887-0215**

**Dept. Fax: 516-887-8079**

Welcome to the Lynbrook High School Guidance Department. Our school counselors work with students, parents, teachers, administration, and other support staff in many ways through our comprehensive guidance and counseling program. High school students are assigned to School Counselors alphabetically by grade level. Students stay with the same School Counselor all four years of high school.

As an important component of the Lynbrook Public Schools' education mission, the guidance program is designed to produce responsible, self-aware, and mature adults. Our counselors address issues such as academic concerns, peer relationships, peer pressure, social decisions, self-advocacy, and post-high school planning. Through individual counseling, Instructional Support Team (IST), parent-teacher conferences, and in conjunction with the services of other support personnel and administration, counselors work as advocates for all of their students.

Check out [our YouTube channel](#) for informative videos.

### Important Dates to Remember

#### Events/dates subject to change.

- August 30 and August 31, 2023, 10:00 AM at LHS: Two-day Freshman Orientation
- September 7, 2023: Schools Open; Students Return
- September 7, 2023, 7:00 PM at LHS: Senior Information Meeting
- September 18, 2023, 6:00 PM at LHS: FAFSA and Financial Aid Workshop
- September 18 through September 29, 2023: PSAT Exam Registration in Guidance
- October 7, 2023, 8:00 AM at LHS: SAT Exam
- October 14, 2023, 8:00 AM at LHS: PSAT Exam
- October: Molloy University Credit Program registration. To Be Announced
- February 1, 2024, 7:00 PM at LHS: Parent Post HS Planning Night
- March 5, 2024, 7:00 PM at LHS: Trade School / Apprenticeship Fair
- April 3, 2024, 7:00 PM at LHS: Grade 9 and 10 College & Career Night
- April 13, 2024, 8:00 AM at LHS: ACT Exam
- June 1, 2024, 8:00 AM at LHS: SAT Exam

### School Counselors and Caseloads

COUNSELOR	2023-2024 Grade 9	2023-2024 Grade 10	2023-2024 Grade 11	2023-2024 Grade 12
<b>Laurie Mitchell</b> Director of Guidance <b>516-887-0215</b>				
<b>Sue Moller</b> <b>516-887-0214</b>	Abir - Cerino	Abatanatuno - Cooper	Abatanatuno - D'Agostino	Abate - Cimato
<b>Chris Caramore</b> <b>516-887-0219</b>	Charpentier - Fuentes	Cordes - Horton	Dantona - Juarez	Ciprian-Ginsberg
<b>Melissa Marr</b> <b>516-887-0218</b>	Gaffoor - Linzer	Inserra - Mannino	Kamal - Miata	Gonzalo - Martellaro

Ms. Christina Angelillo



# REPORTING SAT & ACT SCORES

- If your scores enhance your overall application profile, consider sending them. Consult with your guidance counselor before you decide.
- If you are sending scores, you must release an official score report through [Collegboard.com/Actstudent.org](https://collegboard.com/actstudent.org).
- The cost to send an official score report can range from \$14-\$18 per score report.

# MUSIC & FINE ART STUDENTS

- Pay close attention to deadlines.
- Pre-Screening requirements (submitting videos, recordings, digital portfolios online.
- Portfolio & Audition requirements will vary.
- Slide Room or upload portfolio directly to the college's application portal.

# DUAL ENROLLMENT/AP COURSES

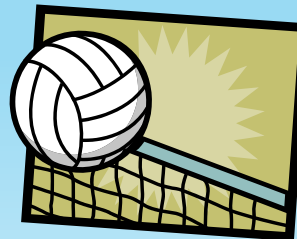
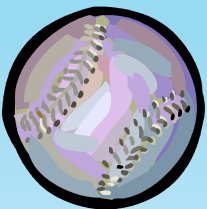
- Opportunity to earn college credit while in high school.
- One you have committed to a college/university. Send score report/transcripts directly to institution.
- College advisor will determine what will be accepted and applied.

Mr. Chris Caramore



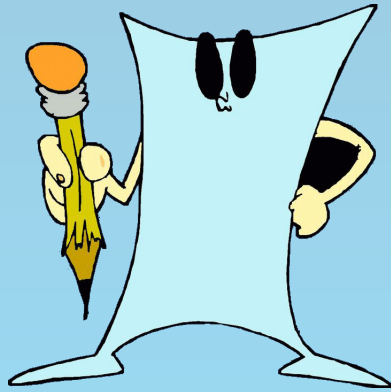
# NATIONAL COLLEGIATE ATHLETIC ASSOCIATION (NCAA)

- Division I & II college-bound athletes should register by the fall with NCAA - <https://web3.ncaa.org/ecwr3/>
- Submit electronically. Guidance Department will forward your transcript to the NCAA and your final transcript in July
- NCAA is now *Test Optional* and do not require SAT/ACT scores
- Be in touch with your HS & Club coaches





# Financing your education





# FAFSA FILING FOR CLASS '24

- Major changes for the 2024-25 Financial Aid Application
- We are planning a Financial Aid Night in November
- Students can file the FAFSA starting in December 2023
- Parent **AND** student need to go on-line and obtain Federal Student Aid IDs - (FSA ID#) [www.studentaid.gov/fsaid](http://www.studentaid.gov/fsaid)
- The **2024-25** FAFSA (for the class of 2024) will collect IRS income information from 2022. Also known as “prior-prior” year. Most 2022 tax returns should have been filed
- This aligns the financial aid cycle more closely to the admissions cycle for students providing more time to explore and understand financial aid options
- You can now add up to 20 colleges on the FAFSA

# NEW YORK STATE GRANT ASSISTANCE - TAP

- The Tuition Assistance Program - TAP provides substantial grant assistance to eligible New York State residents attending colleges in New York state
- Families with New York state Net Taxable Incomes of less than \$80,000 are currently eligible. Current regulations provide that TAP also uses prior-prior year income aligning with federal application income reporting
- Awards for 2023-24 range from \$500 to \$5,665 per year to assist with tuition costs only
- TAP is a link that is an option that becomes available when completing your FAFSA application

# HOW AND WHEN DO WE GET STARTED?



WHEN: FAFSA portal opens December 2023

Parents will be using 2022 tax information to complete FAFSA

1. Parent and student need to go on-line and obtain Federal Student Aid ID (FSA ID#) [www.studentaid.gov/fsaid](http://www.studentaid.gov/fsaid)
2. Complete & submit FAFSA and NY State TAP application as soon as possible before schools' deadline dates & complete annually thereafter.
3. NYS TAP application is a link option to be selected when completing your FAFSA. Adding any college in New York on the FAFSA will generate the TAP link but you must select YES. [www.hesc.ny.gov](http://www.hesc.ny.gov)
4. Some colleges may require the CSS PROFILE to be submitted. Complete & submit CSS PROFILE through your student's College Board account ([www.collegeboard.org](http://www.collegeboard.org)). Also, look out for institutional aid applications from the colleges.

# DOCUMENTS YOU WILL NEED

- Student Social Security #
- Parent Social Security #
- Student Driver's License #
- 2022 Federal Tax Documents
- Untaxed income documents
- Bank Balances (checking, savings)
- 529 Plan information

Ms. Melissa Marr



# NEW YORK STATE GRANT ASSISTANCE EXCELSIOR SCHOLARSHIP – SUNY/CUNY

- The Excelsior Scholarship in combination with other student financial aid programs may provide up to \$5,500 in grant assistance to eligible New York State residents attending SUNY or CUNY colleges in NY
- Families with a combined federal adjusted gross income of \$125,000 or less may be eligible
- Certain rules apply and these awards assist with tuition costs only. \*Sign up for the Excelsior Scholarship email alert at [HESC.NY.Gov](https://HESC.NY.Gov) to be notified when the application is available\*

# NET PRICE CALCULATORS

- The Net Price calculations are based on the basic formula of price of attendance minus grant aid
- The calculator will generate an estimated SAI based on the student's unique financial information
- The SAI estimate generated will not represent a final or binding determination of the institution's cost
- Every college is required to have a Net Price Calculator link on their website

# WHAT HAPPENS NEXT?

- Once the FAFSA is processed, the family and student receive the Student Aid Index (SAI) results by mail or email through a document called the Student Aid Report (SAR)
- Each of the schools listed on the FAFSA get these results electronically and begin to review and prepare an aid package assuming the student has been accepted
- If family financial situations have changed since submission of a FAFSA, notify each College Financial Aid Office directly



# Mr. Jonathan Spøctor



# SCHOLARSHIPS –FREE MONEY

Scholarship amounts may be partial or up to full cost of tuition

- Performance Based Scholarships (Athletic)
- Merit Based Scholarships (Academics, SAT/ACT scores)
- Talent Based Scholarships (Art, Music)

# APPLYING FOR SCHOLARSHIPS

- Merit Based Scholarships
  - Check college webpages for both admissions and departmental scholarships offered
- Talent Based Scholarships (Art, Music)
  - Check with colleges on portfolio review/submission, audition dates, etc
- Other Scholarship Opportunities include:
  - Parent Employer, Local Organizations, Companies, LHS Awards Night, etc

**Scholarship Processing form must be handed in 2 weeks prior to any scholarship deadline that requires materials from LHS**

# HELPFUL WEBSITES

- [www.studentaid.gov/fsaid](http://www.studentaid.gov/fsaid): (FAFSA)
- <http://fairtest.org/> (Test Optional Schools)
- [www.collegeboard.com](http://www.collegeboard.com) (Send SAT scores, CSS Profile)
- [www.hesc.ny.gov](http://www.hesc.ny.gov) (TAP, Excelsior, ETA, STEM and other NYS Academic Applications)
- [www.fastweb.com](http://www.fastweb.com) (Free Scholarship Database)
- [www.finaid.org](http://www.finaid.org) (Financial Aid Resource)
- [www.studentloans.gov](http://www.studentloans.gov) (Federal Direct Loan Programs)
- [www.irs.gov](http://www.irs.gov) ( AOTC and LLC - Education Tax Credits)
- [www.collegescorecard.ed.gov](http://www.collegescorecard.ed.gov)
- [www.wiredscholar.com](http://www.wiredscholar.com)

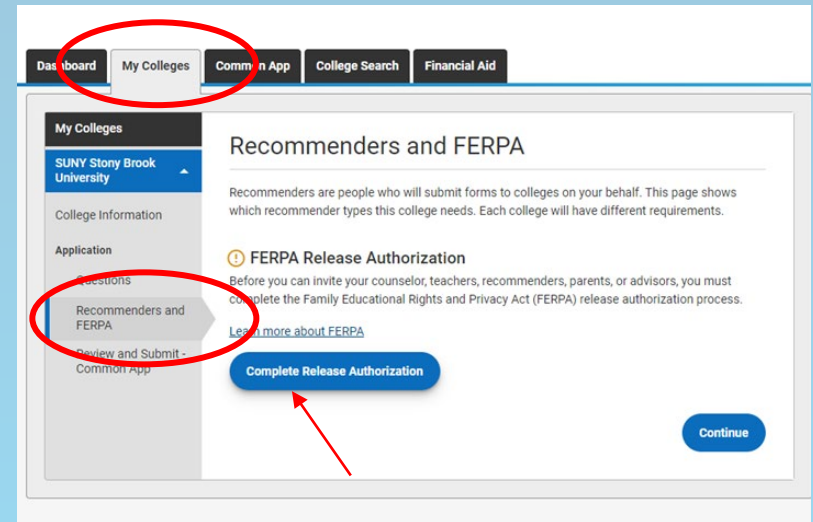
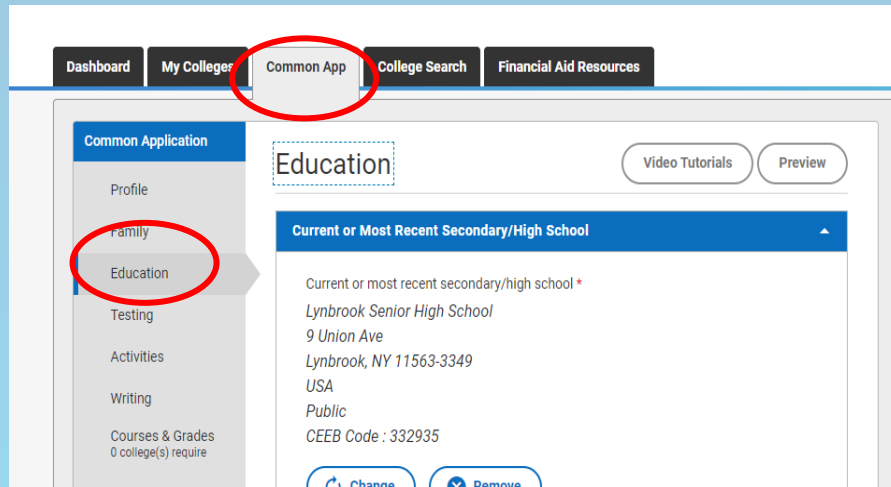


Ms. Sue Moller



# COMPLETING YOUR FERPA IN COMMON APP

1. First, complete the entire “Education section” in the Common App- under the “Common App” Tab



2. Next, go to the “My Colleges” tab, make sure a college is in your list and click on the “Recommendations & FERPA” tab → “Complete Release Authorization” → Fill out the waiver “sign” and date it- this only has to be done ONCE for all schools.

# COMPLETING YOUR FERPA IN COMMON APP

The screenshot shows the 'Release authorization' window for the FERPA Form. The window is titled 'Release authorization' with a close button (X) in the top left. Below the title is the heading 'FERPA Form'. The form contains two checked checkboxes: 'I acknowledge that every school that I have attended may release all requested records and recommendations to colleges to which I am applying for admission. I also understand that employees at these colleges may confidentially contact my current and former schools should they have questions about the information submitted on my behalf.\*' and 'I understand that my waiver or no waiver selection above pertains to all colleges to which I apply and that my selections on this page cannot be changed once I sign and click Save below.\*'. Between these checkboxes is a section titled 'Please select one: \*' with two radio button options: 'I waive my right to review all recommendations and supporting documents.' (selected) and 'I DO NOT waive my right to review all recommendations and supporting documents.' Below the checkboxes is a 'Signature \*' field with the text 'Lynn Brook' and a 'Date \*' field with the date 'September 6, 2023' and a calendar icon. A note below the date field states: 'Date uses "month day, year" format (e.g. August 1, 2002)'. At the bottom of the window are two buttons: 'Back' and 'Save and Close'.

Dashboard My Colleges Common

My Colleges

SUNY Stony Brook University

College Information

Application

Questions

Recommendations and FERPA

Review and Submit - Common App

Release authorization

FERPA Form

☒ I acknowledge that every school that I have attended may release all requested records and recommendations to colleges to which I am applying for admission. I also understand that employees at these colleges may confidentially contact my current and former schools should they have questions about the information submitted on my behalf.\*

Please select one: \*

☒ I waive my right to review all recommendations and supporting documents.

☐ I DO NOT waive my right to review all recommendations and supporting documents.

☒ I understand that my waiver or no waiver selection above pertains to all colleges to which I apply and that my **selections on this page cannot be changed once I sign and click Save below.\***

Signature \* Lynn Brook

Date \* September 6, 2023

Date uses "month day, year" format (e.g. August 1, 2002)

Back Save and Close

Read the FERPA Form, select the option you want, "sign" and date. Then "Save and Close"

This only needs to be completed once for all schools.

# FERPA RELEASE COMPLETED

Dashboard

My Colleges

Common App

College Search

Financial Aid

My Colleges

SUNY Stony Brook University

College Information

Application

Questions

✓ Recommenders and FERPA

Review and Submit - Common App

Recommenders and FERPA

Recommenders are people who will submit forms to colleges on your behalf. This page shows which recommender types this college needs. Each college will have different requirements.

✓ FERPA Release Authorization

[View Details](#)

Invite recommenders

Use this section to invite and then [assign recommenders](#) to this college. You'll need to assign recommenders for each college on your list.

Invite Recommenders

✓ Counselor

Your school is using Naviance for transcripts, school reports, and teacher recommendations. Please contact your counselor directly and they will provide instructions specific to your school regarding these documents. If your counselor wishes to submit forms via mail, you can download forms that can be completed on paper and mailed to each institution to which you apply.

Download PDF Forms

- [School Report](#)
- [Counselor Recommendation](#)
- [Optional Report](#)
- [Optional Report 2](#)
- [Mid Year Report](#)
- [Final Report](#)

✓ Teacher

Your school is using Naviance for transcripts, school reports, and teacher recommendations. Please contact your counselor directly and they will provide instructions specific to your school regarding these documents. Once your teachers submit their recommendations online you will see the status below. If your teacher(s) wish to submit forms via mail, you can download the Teacher



# INVITING COUNSELOR AS ADVISOR

The image shows a screenshot of the Naviance 'Recommendations & FERPA' page for High Point University. The left sidebar contains a menu with 'Recommendations and FERPA' highlighted. The main content area is divided into three sections: 'FERPA Release Authorization', 'Invite Recommenders', and 'Counselor'. The 'Counselor' section includes a description of a counselor's role and a red circle around the 'Invite Advisor' button. A red arrow points from this button to a modal window titled 'Invite Advisor'. The modal contains fields for 'Email Address', 'Prefix', 'First Name', and 'Last Name', with a red circle around the 'Invite' button at the bottom right. The background page also shows sections for 'Teacher' and 'Other Recommender' with their respective descriptions and buttons.

**My Colleges**  
High Point University

College Information  
Application  
Questions  
✓ **Recommendations and FERPA**  
Review and Submit - Common App

## Recommendations & FERPA

✓ **FERPA Release Authorization**  
[View Details](#) ^  
You have authorized the release of all requested records. You have also waived your right to review your recommendations and supporting documents.  
[View Release Authorization](#)

### Invite Recommenders

Recommenders are people who will submit forms and provide instructions specific to your school regarding these documents. Once your teachers submit their recommendations online you will see the status below. If your teacher(s) wish to submit forms via mail, you can download the Teacher Evaluation PDF Form that can be completed on paper and mailed to each institution to which you apply.

Required: 0 Optional: 3  
Download PDF Forms  
• [Teacher Evaluation](#)

✓ **Other Recommender**  
Please select and assign the Other Recommender(s) to be submitted to this college on your behalf. You must invite the Other Recommender link before you can assign them to be submitted to this college on your behalf.

Recommender types accepted by this college:

- Arts Teacher
- Clergy
- Coach
- College Access Counselor
- Employer
- Peer
- Other

Required: 0 Optional: 3  
[Invite Other Recommender](#)

### Advisor

An advisor can be anyone who is assisting you with your application process. You may invite up to 3 advisors using the Add Another link below. An advisor can view your application information and give you personalized feedback. **An advisor does not submit any forms on your behalf.**

[Invite Advisor](#)

[Continue](#)

### Invite Advisor

Email Address \*

Prefix  
- Choose an option -

First Name \*

Last Name \*

[Cancel](#) [Invite](#)

# ENABLE PREVIEW

Please select and assign the Other Recommender(s) below whose recommendation(s) will be submitted to this college on your behalf. You must invite an Other Recommender using the 'Invite Other Recommender' link before you can assign them for this college.

Recommender types accepted by this college:

- Arts Teacher
- Clergy
- Coach
- College Access Counselor
- Employer
- Peer
- Other

Required: 0    Optional: 3

[Invite Other Recommender](#)

## Advisor

An advisor can be anyone who is assisting you with your application. You can add up to 3 advisors using the 'Add Another' link below. An advisor can view your application and give you personalized feedback. **An advisor does not submit an application.**

Sue Moller

Invited on 09/20/2022

[Enable Preview](#)



[Invite Another Advisor](#)

[Continue](#)



## Enable preview

### Using Application Preview

The information in your Common App is yours alone until you submit it to a college. But if you are working with a counselor or advisor, you may choose to enable Application Preview for them.

### What is Application Preview?

Application Preview allows a counselor or advisor to see a PDF version of your application, including all of your answers in your Common App, your answers to college-specific questions, and any application you've submitted to a college. Note that this includes all personally identifying information entered, including your Social Security Number (SSN). You should only enable Application Preview if you feel comfortable sharing this information.

### How do I enable Application Preview for a counselor or advisor?

Grant permission to a counselor or advisor by using the "Enable Preview" button in the space below their name. You can revoke this permission at any time with the "Disable Preview" button for that individual.

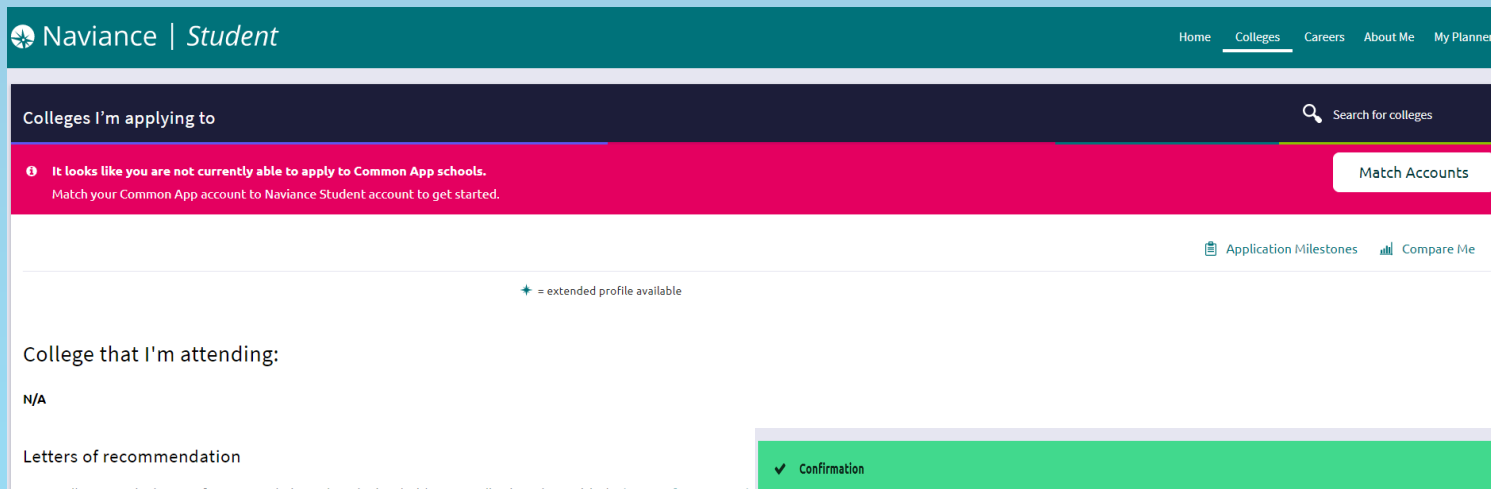
☒ I have fully read and understand how Application Preview works.\*

[Cancel](#)

[Enable](#)

# MATCHING NAVIANCE TO COMMON APP

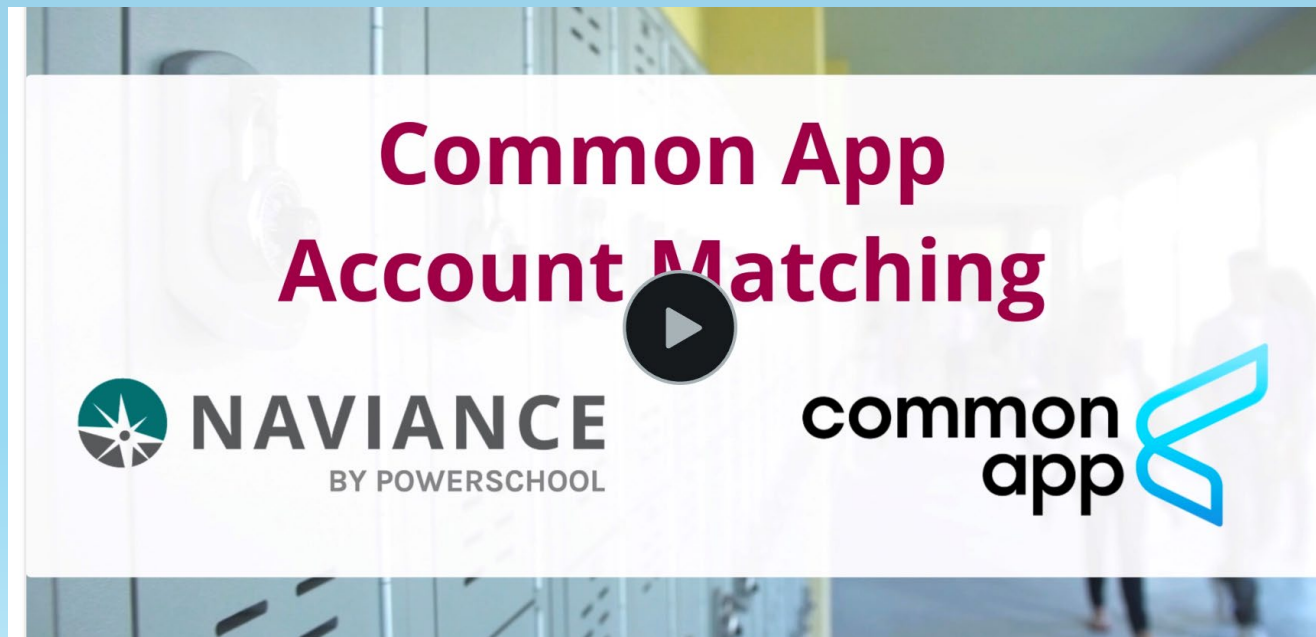
1. Go to “Colleges I’m applying to” in Naviance
2. Click on “Match Accounts”
3. Enter Email common app credentials → Match Accounts



# COMPLETING YOUR FERPA IN COMMON APP

1. There is a great instructional video on Linking your Naviance with Common App and Completing your FERPA waiver here:

<https://www.screencast.com/t/gxEQkElyo1>





# INFO TO GET TO GUIDANCE

**Your counselor should have a copy on file of your:**

- Student self-recommendation form (emailed to your Counselor or through Naviance>About Me>My Surveys>Student Self Recommendation)
- Parent recommendation form (emailed or through Naviance>About Me>My Surveys>Parent Recommendation)
- Essay & Resume/Activity Sheet (email a copy to your Counselor)



# TEACHER LETTERS OF RECOMMENDATION

- Follow up with teachers
  - Thank them and update them on date of first application
  - Ensure that they have all required information (Teacher request form and resume)

- Formally enter request in Naviance

GO TO:

“Colleges” → “Letters of Recommendation” → “Add Request”

THEN:

Drop Down menu → 1.Select Teacher Name → 2.Select “General Request”,  
Then Hit Submit

# TEACHER LETTERS OF RECOMMENDATION

NAVIANCE BY POWERSCHOOL

Welcome, Lynn!

Search for Colleges

Home Self-Discovery **Colleges** Careers Planner

College Home

Find Your fit

SuperMatch College Search

College Match

College Events

Scattergrams

Advanced College Search

College Lookup

Research Colleges

Colleges I'm Thinking About

College Visits

College Compare

College Resources

Acceptance History

Enrichment Programs

College Maps

Apply to College

Colleges I'm Applying to

**Letters of Recommendation**

Test Scores

Scholarships & Money

College-Specific Scholarships

National Scholarship Search

Scholarship Search

Favorite Scholarships

Juniors- Mid-Year

Hello Juniors!

Welcome to Naviance!

Test registration deadlines coming up:

Read more

Important To-Dos and Tasks

TASK 9-12 Guidance Plan DUE Saturday Jul 15, 2023 Assigned by Laurie Mitchell

Enter it as  
"General Request"

## Letters of recommendation

### Add new request

Here you can ask a teacher to write you a letter of recommendation. Make sure you give your teachers plenty of time to write your recommendations!

Cancel

Submit Request

1. Who would you like to write this recommendation?\*

Gentile, Carla

2. Select the recommendation request type:\*

☒ General request

Select this if you are ready to request a recommendation without selecting a specific college

☐ Specific request

Select this if you are requesting a recommendation for specific colleges from your Colleges I'm Applying To list

3. Include a personal note to remind your recommender about your great qualities and any specifics about your request:

3000 characters remaining

Cancel

Submit Request

\* Indicates a required field



# COUNSELING CENTER YOUTUBE CHANNEL

## Instructional Videos on:

- Creating a Resume in Naviance
- Requesting your Letter of Recommendation in Naviance
- Writing your College Essay workshop recording presented by Admissions Counselor at Hofstra
- Virtual Parent Workshop

[https://youtube.com/channel/UCaFCs72NFT7-ADJ\\_8R8ZNZQ](https://youtube.com/channel/UCaFCs72NFT7-ADJ_8R8ZNZQ)





YOUR FEEDBACK IS APPRECIATED

Counseling Center Feedback Form  
2023-2024



MAKE THE MOST OF THIS JOURNEY!

Questions?

