



LYNBROOK PUBLIC SCHOOLS

LYNBROOK UNION FREE SCHOOL DISTRICT
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March 16, 2020

Dear Lynbrook Parents,

As indicated in Dr. Burak's email, all Lynbrook Public Schools, starting on Monday, March 16th, will be closed due to coronavirus concerns. We have been preparing for students to learn at home and teachers will continue this work. Instruction at home will begin on Thursday, March 19th.

Assignments will be differentiated based on the age of our students, as detailed below:

Kindergarten – Paper copies of instructional materials have been distributed. In addition, students will be encouraged to read for 20 minutes a day and use their subscriptions to Raz-Kids and ST Math. Teachers will send daily emails to their students' parents to assign work and answer any questions they or their students may have in a timely manner.

Elementary – All instruction will take place online and students will be encouraged to read for 20 minutes a day. Students will be able to access their assignments via our website or email and will be expected to complete daily ELA and math assignments and weekly physical education, science, social studies, art, and music assignments. Classroom teachers will send daily emails to their students' parents to assign additional work and answer any questions the parents or their students may have in a timely manner.

Middle and High School – All instruction will take place online and students will be encouraged to interact with their teachers daily. Assignments will be expected to be completed prior to the start of class on their due dates, unless otherwise noted by the teacher. This will apply to all subject areas and co-taught classes will have access to both teachers.

Special Education – In addition to what is occurring with the general education students, where appropriate, special education teachers will also separately reach out to you via email and/or through the district's technology platform to provide instructional experiences unique to their students. A separate letter from the Office of Special Services will be forthcoming to provide more detailed information.

Related Services (Speech, Counseling, etc.) – Mandated sessions will occur via phone, service packet, or internet-based instruction. Please be aware that phone numbers may be blocked or restricted. Staff members also will be checking emails to provide services on an as needed basis for other students.

Tips for Children's Emotional Well-Being

This is also a good time to remind parents that children need structure and routine, especially now. So, parent to parent –make sure that kids get up in the morning, get dressed, have a healthy breakfast and begin their schoolwork. Kids also need breaks that don't include screen time.

For your child:

- Remain calm and reassuring.
- Children will react and follow your verbal and nonverbal reactions.
- What you say and do about COVID-19 and related events can either increase or decrease your child's anxiety.
- Remind them that you and the other adults in their lives are there to keep them safe and healthy.
- Let your child talk about their feelings and help reframe their concerns into an appropriate perspective.

More on talking to your child about COVID-19 can be found at <https://www.cdc.gov/coronavirus/2019-ncov/prepare/managing-stress-anxiety.html>. BrainPop has also created a video for students in grades 3-8, which can be accessed at <https://www.brainpop.com/health/diseasesinjuriesandconditions/coronavirus/>. I recommend viewing it first to see if you feel it would be appropriate for your child.

Also, the following resources may be useful to you as well:

Laurie Mitchell, District Director of Guidance
Email laura.mitchell@lynbrookschools.org

The National Center for School Crisis: Resources for caregivers, schools and families
<https://www.schoolcrisiscenter.org/>

Long Island Crisis Center: Any Problem. Any time. Anyone.
<https://longislandcrisiscenter.org/>
516-679-1111

Nassau County Crisis Hotline: Licensed professional social workers and nurses who are specially trained to help individuals and their families
<https://www.nassaucountyny.gov/1700/Crisis-Hotline-Services>

Together, as a school community, we will navigate our way through these turbulent times. We will be in touch with parents while the students are not here at school. Please reach out, to Dr. Burak or me, if we can be of any assistance, at any time.

Sincerely,

Dr. Gerard Beleckas
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