

Mental Health Awareness Day 2019

Dear friends and family,

This year the Lynbrook football program will be sponsoring a Mental Health Awareness Day during the Varsity Football Game against Glen Cove High School at Marion Street on October 26th at 2pm.

Do you know that 75% of mental health problems first appear by age 18?

The Lynbrook Football program hopes to bring more awareness to mental health issues. Our program goal is to raise at least **\$1,000.00** for charities involved in mental health. These organizations remind the community of the important role that mental and emotional health play in our community. Together we can end the stigma attached to mental health.

Please join us in our effort. And GO GREEN!

Thank you for supporting the Lynbrook Football program and our mission to bring more awareness to mental health issues and empower people to seek help!

Your friend,

Coach Lo Cicero

Stephen Lo Cicero
Head Football Coach
Lynbrook High School



Remember

Event Date: October 26th, 2019 against Glen Cove HS @ 2pm
Event Location: Dr. B Sports Complex, Marion Street School
Event Address: 100 Marion Street Lynbrook, NY 11563

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