VALLEY STREAM
POLICE ACTIVITY LEAGUE
MULTI-SPORT PROGRAM
Winter 2019 (8 weeks)
Starts Monday, December 2, 2019

(Please note specifics of the schedule in the box below, on the left.)

Class schedule for this session:

<table>
<thead>
<tr>
<th>Day</th>
<th>1st Day</th>
<th>Off Day(s)</th>
<th>Last Day</th>
</tr>
</thead>
<tbody>
<tr>
<td>Mon</td>
<td>12/2</td>
<td>12/30</td>
<td>1/27</td>
</tr>
<tr>
<td>Fri</td>
<td>12/6</td>
<td>12/27</td>
<td>1/31</td>
</tr>
<tr>
<td>Sat</td>
<td>12/7</td>
<td>12/28</td>
<td>2/1</td>
</tr>
<tr>
<td>Sun</td>
<td>12/8</td>
<td>12/29</td>
<td>2/2</td>
</tr>
</tbody>
</table>

NASSAU COUNTY P.A.L. OFFERS INDOOR SPORTS AT SPORTIME LYNBROOK

EIGHT (8) ONE-HOUR CLASSES: $145

MULTI-SPORT PROGRAM

Ages 6 – 8: Mondays 5:00pm - 6:00pm
Fridays 4:00pm - 5:00pm

Ages 9 - 12: Fridays, 5:00pm - 6:00pm

SPORTS MAY INCLUDE
soccer, baseball, floor hockey, basketball

TENNIS

Red
Ages 5 - 8
Saturday 2pm – 3pm
Sunday 5pm—6pm

Orange
Ages 9 -11
Saturday 3pm – 4pm
Sunday 6pm - 7pm

SPORTIME U10 Tennis is comprised of Red and Orange levels and trains our U10 players to become well-rounded, competitive athletes. Using appropriate sized courts, rackets, and low-compression balls, our young athletes learn to play the game of tennis quickly.

ACTIVITIES ARE OPEN TO EVERYONE

Approved for Distribution & Posting
11/20/19  tkm  Supt. Office