



VALLEY STREAM P.A.L.



NOW OFFERING SPRING SOCCER Grades K-5th (Boys & Girls)!!

60 Minutes of Soccer FUN...

Programs structured for all skill levels. Take your game to the next level! Join us for **SPRING SOCCER** and learn to play Soccer like the pros! Coaches will teach you skills like dribbling, passing, trapping, shooting and defense. This program emphasizes fitness, teamwork and sportsmanship. Have a blast and make new friends playing in this exciting program! Don't miss out on what the rest of the world already knows; it's a beautiful game - sign up today!



SPRING VOLLEYBALL Grades K-5th (Boys & Girls)!!

60 Minutes of Volleyball FUN...

We are super excited to announce Valley Streams' PAL official intro to **SPRING VOLLEYBALL** program. A great way to learn the signature sport of summer! Sign up today and learn to bump, set, and spike, as well as developing agility, reaction, speed, and teamwork.

SPRING SESSION DATES

April 3rd, 2020
May 8th, 2020

April 17th, 2020
May 15th, 2020

April 24th, 2020
May 22nd, 2020

May 1st, 2020
May 29th, 2020

Times: 6:30 – 7:30pm

Location: Memorial Junior High School
320 Fletcher Ave
Valley Stream, NY 11580

Cost: \$99 per student (8 sessions) Register online

Registration on:

<http://www.vspal.sportssignup.com/site>

Come and meet with the instructors and learn more about this exciting new program.

Enrollment limited to a Maximum: 25 Students per program

Valley Stream PAL – PO Director: Ray Lajara

EMAIL: r.lajara@nassaucountypal.org

Not a school sponsored event.