



“Tell me and I forget; show me and I may remember; involve me and I understand.”  
-Chinese proverb

ALL PARENTS, STAFF & ADMINISTRATION JOIN US FOR A PRESENTATION  
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## “SETTING YOUR CHILD UP FOR REMOTE LEARNING”

- Learn helpful tools for school success that can be used for both in-person and remote learning.
- Understand the importance of routines and focusing on your child’s strengths.
- Learn how to attend to your child’s emotional needs, including overcoming communication blocks, emotional regulation, and meta moment.
- Learn some methods of self-care to practice independently and with your child.

**Monday November 23<sup>rd</sup> 7:15pm**

Presented By:

Catherine Juliano, LMSW

CN Guidance & Counseling Services

**Join on your computer or mobile app**

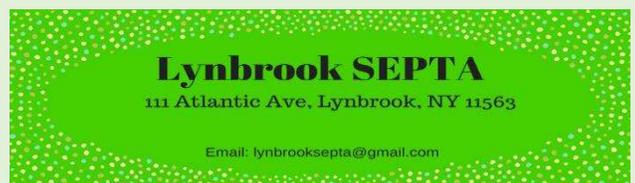
[Click here to join the meeting](#)

**Or call in (audio only) [+1 929-376-1100](tel:+19293761100), [502942880](tel:+1502942880)#**

Phone Conference ID: 502 942 880#

You do not have to be a member of SEPTA to participate, but please consider becoming a member to support future events:

**Cn** guidance & counseling services



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11/6/20 tkm Supt. Office