

Sept 18-22

# START with Hello WEEK



**START WITH HELLO** teaches students the skills they need to see someone alone, reach out, and include those who may be dealing with chronic social isolation. During Hello Week we will foster social emotional learning skills in our students, with a focus on empathy and unity. Please participate in our themed spirit days and ask your student how they will **START WITH HELLO**.

<b>Monday September 18<sup>th</sup></b>	<b>Tuesday September 19<sup>th</sup></b>	<b>Wednesday September 20<sup>th</sup></b>	<b>Thursday September 21<sup>st</sup></b>	<b>Friday September 22<sup>nd</sup></b>
<p>Wear Yellow or sunglasses to brighten someone's day!</p>  <p>Say HELLO to 5 new people.</p>	<p>You are someone special, let everyone see your superpower.  Wear your favorite superhero shirt.</p> <p>Spread kindness everywhere with random acts of kindness today.</p>	<p>Wear Green Wednesday</p>  <p>Learn different ways to say Hello.</p>	<p>Color the world with kindness. Wear colors of the rainbow or tie-dye.</p>  <p>Invite someone new to play with you today.</p>	<p>Keep it Positive and wear a shirt with a positive message.</p>  <p>Write a positive note for a teacher, friend or family member.</p>